

## LETTER FROM DYSTONIA CLIENT TO GARY CRAIG – October 2009

----- Original Message -----

**From:** [Carol](#)

**To:** [ghcraig@mcn.org](mailto:ghcraig@mcn.org)

**Sent:** Wednesday, October 21, 2009 6:04 PM

**Subject:** Damaris Drewry, PhD

Hi Gary.....I enjoy reading your email letters and recently requested names of EFT practitioners in AZ from your website....found several in the Tucson area - and honed in on Damaris Drewry. She is a true joy to work with – a great, great lady!

I have suffered from what has been termed Oromandibular Dystonia for over 4 ½ years. It started from having TMJ. So...it has been a very painful and expensive experience, that is until yesterday, Oct 20, 2009 when I had the extreme pleasure of having my first session with Dr. Drewry. What a blessing! It has now been over 24 hours - still no splint, still no involuntary movement in my tongue and jaws, just the normal movements that I had before all of this started.

I know it may take a few more sessions with Dr. Drewry, but let me tell you....I came away a believer and I am so fortunate that I took that first step to contact her, talk to her via the phone and most of all, to schedule and carry out my first session.

Background: 4 ½ years ago I saw my local MD and he referred me to a Neurologist in Tucson, she referred me to a movement disorder specialist in Tucson who in turn injected me with 125 units of botox, with more treatment of 175 units 90 days later. When this didn't work, I was referred to Mayo Clinic in Scottsdale - more botox and this time, directly into the tongue as well as jaws. The botox was so strong that I would actually foam at the mouth, when I would drink water, tho it was very small sips from a spoon, it would come out my nose. So, Mayo's decided I would be a good candidate for DBS – major cranial surgery but I didn't do it. Found another team of doctors in Tucson, an ENT and Neurologist team, they lowered my botox to 65 units and I have been seeing them on a regular basis for over 3 years.

First Session with Dr. Drewry: We talked for over an hour and then finished the session with EFT. At the time, I had gum in my mouth to steady my jaw and tongue. She asked me to take it out - and I told her I had to have either gum in my mouth or my splint. She said for me not to use either one and to just let me mouth do what he wanted to do....well, it wanted to move....UNTIL about 5 minutes into Tapping. It quit moving. I did not put my gum nor the splint back into my mouth - made another appointment for a follow up session with her and left....Floating on a Cloud and with Relief.

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Dr. Drewry is a true joy to work with. Great, great lady!

Thanks for leading me to her.  
Carol Luttschwager-Parker